

Lindy and Balboa Cruise 2023 - Class and Dance Schedule

NOTE: Schedule is subject to change and classes can either be added or removed from the schedule. We do our best to continue adding space for dancing once we get on the ship but this schedule is our starting point.

Green=beginning level
 Blue=Intermediate level
 Red=Advanced level
 Black=class for ALL levels

Manhattan 1
 Manhattan 2
 Manhattan 3
 Bliss Lounge

5:30pm-7:30pm				Check-in, Meet and greet welcome party (Hawaiian/Tiki theme or come as you are) - DJ Steve
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7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9:00pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			

Monday, Feb. 6th
Day at Sea

10am-11am	East Coast Swing Basics (Beg) Terry & Cindy	Double Bug: the art and skill of leading and following within a 3 person dance partnership (Beg/Int) Jerry & Kathy	Playing with the music - Lindy (Int./Adv.) Anthony and Irina	Blues Basics Steve and Emma
11am-12pm	Lindy Fundamentals/Connection (Beg) Steve and Emma	Footwork variations for Lindy (Int) Terry and Cindy	Momentum and Flow (Int.) Anthony and Irina	Intro to Balboa (Beg) Todd
12pm-1pm	Understanding Rhythm Changes Terry and Cindy	Baker's Dozen: 13 moves for 6 count ECS/Lindy Jerry and Kathy	Eight 8s that steal the show (Adv. Lindy) Steve, Emma, and Camille	Balboa II (Beg/Int.) Todd
1pm - 2pm	LUNCH/ SNACK BREAK			
2pm-3pm	Soul dancing (All levels) Anthony and Irina	Favorite East Coast Swing Moves Steve and Emma	Charleston Intensive (Int./Adv.)Terry and Cindy	Balboa III (Int.) Todd
3pm-4pm	Swing Rueda I with Jerry and Kathy			Intro to Latin dances - Merengue, Bachata, Salsa, and Cha Cha (will repeat) Steve and Emma
4pm-6pm	MUSIC - Learn to play swing songs on the ukulele or guitar - must bring your own instrument Yannacone (Guitar) and Camille Hartley and Emma Bowser (Ukulele) front of Manhattan Room at 4pm			Todd Meet in
5-6pm: Early dinner option	Open seating - sit with your group or get to know someone new			

5:30pm-7:30pm				DJ Dance - 50's Sock Hop with Terry and Cindy
7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			

Tuesday, Feb. 7th

Costa Maya, Mexico 11AM - 7PM	Suggested Excursions: 1) Seven Color Lagoon Adventure 2) Costa Maya's Chacchoben Mayan Ruins (Mayan Pyramids) 3) Relax on the beach 4) Kohunlich Mayan Ruins Tour 5) Snorkeling - beautiful clear blue water to explore ocean life. Join Steve at: Chacchoben Pyramids and Beach club at lagoon: https://leontours.com/en/chacchoben-beach-club/ Use code "Lindy Cruise" in notes to stay with our group Links to other excursions: - Boat tour Bacalar lagoon: https://leontours.com/en/bacalar-lagoon/ - Mayan Ruins Chacchoben: https://leontours.com/en/chacchoben-ruins/ Use code "Lindy Cruise" in notes to group together			
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6:00pm-7:30pm				DJ DANCE w/ Mardi Gras Masquerade Formal
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7:00pm-8:30pm Dinner	Open seating - sit with your group or get to know someone new			
8:30pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			

Wednesday, Feb. 8th

Harvest Caye, Belize 8AM-6PM	This is a private island owned by Norwegian Cruise line 1) Relax on the beach 2) Zip line across the Caye 3) Kayak or Paddle Board over the coral reef 4) Waterfall Swim in the rainforest of Belize 5) Silk Cayes and Turtle Alley private snorkeling trip Join Steve at: Hanging out on the beach by the port, snorkeling, and kayaking. Possibly zip lining or jet skiing but playing that by ear. Excursions can be booked on the Norwegian app or at www.ncl.com			
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6:00pm-7:30pm				DJ DANCE Soul Night (60's and 70's) with Anthony and Irina
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7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			

8:30pm-10pm	Possible dance on deck outdoors (weather permitting)			
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Thursday, Feb. 9th

Roatan, Honduras 8AM - 5PM	Recommended Excursions: 1) Hold a sloth and have monkeys climb on you 2) Half-Day Horseback Riding, Zip Line, & Sloths 3) 3 Stop Snorkeling Adventure, Shipwreck, Starfish & Blue Channel 4) Superman Zip Line & Beach 5) Beach Resort Getaway at Tabyana Beach Join Steve at: Holding sloths, a tour of the island with stops at the rum and chocolate factory, a stop for photos and dancing at the ROATAN letters, and then the beach with other things optional. Our tour will be from 10am-3pm and we have a special rate of \$35 plus you can add extras you want like horseback riding, zip line, or snorkeling. Must register in advance! A \$10 deposit is needed to hold your space and pay the rest in person. Use code "Lindy Cruise" in the notes and list your extras if you want any when you sign up through here: https://letsgoroatantours.com/lindycruise/			
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4:30pm-5:30pm	MUSIC - Learn to play swing songs on the ukulele or guitar - must bring your own instrument Yannacone (Guitar) and Camille Hartley and Emma Bowser (Ukulele) front of Manhattan Room			Todd Meet in
5-6pm: Early dinner option	Open seating - sit with your group or get to know someone new			
6:00pm-7:30pm				DJ DANCE - Jungle Night - Animal or Animal print w/Jerry and Kathy
7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			
9pm-10:30pm	Possible dance on deck outdoors (weather permitting)			
Friday, Feb. 10th				
Cozumel, Mexico 9AM - 7:00PM	Excursions: 1) Dolphin Swim Adventure at Chankanaab National Marine Park 2) Bus to Tulum ruins 3) Snorkel El Cielo and Colombia Reef with Playa Mia 4) Amazing Underground River/ Cenotes 5) Jeep And Snorkel Combo Tour Join Steve at: Chankanaab National Marine Park from 10:30am-1:30pm for relaxing and dancing at the beach (swimming with dolphins or Manatees is optional here). There are shuttles right off the ship that will take you here. Then heading to the dance with a live band in Cozumel Link to tours in Cozumel: https://www.projectexpedition.com/trip/MTk0MTkz/			
COZUMEL 2:30PM - 6:00PM	Local dancers from Cozumel have organized a dance from 2:30-6pm. Dance lesson 2:30pm - 3:15pm, Dance to a LIVE SWING BAND from 3:15pm-6pm. Local food, drinks, all included. \$25 fee to the local organizers. Shuttles from the ship to the venue at 2:00pm and shuttles back to the ship at 6pm. Location: Salon El Encanto - Av. 85 S. & St. 21 S. Everyone is welcome at this event! Pay at the door to the local organizers.			
6:00pm-7:30pm				DJ Dance - No Theme, come as you are
7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			
Saturday, Feb. 11th Day at sea				
10am-11am	Art of the Steal Jerry and Kathy	Musicality and Hitting the Breaks Terry and Cindy	Slow Lindy (Adv.) Anthony and Irina	Collegiate Shag Steve and Emma
11am-12pm	The Nitty Gritty Jerry and Kathy	Lindy Routine (Int/Adv) Terry & Cindy	Soul dancing (All levels) Anthony and Irina	Balboa Basics Todd (Repeat)
12pm-1pm	Favorite Styling/Swing out Variations for follows - Irina, Kathy, Cindy, Camille, Emma Favorite Styling/Swing out variations for leads - Anthony, Jerry, Terry, and Steve			Balboa (Int./Adv) Todd
1pm - 2pm	LUNCH/ SNACK BREAK	LUNCH/ SNACK BREAK	LUNCH/ SNACK BREAK	
2pm-3pm	Swing Rueda Part 2 Jerry & Kathy			Adv. Balboa with Todd
3pm-4pm	Caribbean Shim Sham (all levels line dance) Jerry & Kathy			
4-5:30pm	MUSIC - Learn to play swing songs on the ukulele or guitar - must bring your own instrument Yannacone (Guitar) and Camille Hartley and Emma Bowser (Ukulele) front of Manhattan Room			Todd Meet in
5-6pm: Early dinner option	Open seating - sit with your group or get to know someone new			
5:30pm-7:30pm				DJ Dance - Disney or Disneybounding Night with Camille and Emma
7:30pm-9:00pm Dinner	Open seating - sit with your group or get to know someone new			
9pm - 1am	Dance to bands on ship (check ship daily calendar - also announced at earlier dance and dinner)			
Sunday, Feb. 12th				
Depart 7am-10am	Transportation from the cruise terminal to the airport on Sunday, Feb. 12th - Since many people have different times and schedules for their return flight and many are not going straight to the airport, we are all on our own getting to the airport to leave. Norwegian has buses right outside usually for around \$25 so if you need to leave right away, get off the ship early and get right on a bus. Leaving the ship starts early (around 7am) and goes until about 10am. If you have an early flight or need to leave early on Sunday for any reason, do not put your bags outside your door on Saturday night. You will have to take your bags off the ship yourself but you are usually first off in the morning and can go straight to a cab or bus.			